

Suicide Risk Project

**Bay Area Hospital-Based
IOPs & PHPs**



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A Message from Eli Merritt, M.D.

This is the third resource directory being released to mental health professionals and the general public as part of the Merritt Mental Health Suicide Risk Project. I have been touched by suicide personally, in the death of my mother, and professionally, by the loss of a patient in 2008. In addition, I am painfully struck by the frequent deaths of teenagers to suicide, most notably in the Bay Area on the Peninsula.

If there is one single source of energy that motivates me to continue this work, it is the rising profile of death by suicide of teenagers and young adults. No loss is so tragic as the death of a child. No form of loss is so tragic, perplexing, and painful as the death of a child by suicide.

The purpose of these directories is three-fold. First, to provide resources at your fingertips for the assessment, management, and treatment of individuals at risk of suicide. Second, the resources in this directory and the preceding two are offered as an invitation to “Talk About It.” That is, to make a phone call and say you are worried about someone and begin a dialogue about the best ways to intervene and help.

Third, I hope these resources will reach patients and family members. This directory, for example, is one-stop shopping for all the hospital-based PHPs (partial hospital programs) and IOPs (intensive outpatient programs) in the Bay Area. PHPs and IOPs are alternatives to the lower level of care of weekly or twice weekly therapy and medication management, on the one hand, and the higher level of care of inpatient or residential treatment, on the other.

The preceding two directories are:

- Bay Area Emergency Departments
- Bay Area Hotlines & Mobile Crisis Services

You can access all the directories and an interactive map of Bay Area emergency departments by signing up for Mental Health Compass [here](#). They will be emailed to you immediately.

By signing up, you will also automatically receive ongoing news and updates about the Suicide Risk Project and a forthcoming book entitled *Suicide Risk in the Bay Area: A Guide for Families, Physicians, Therapists, and Other Professionals*.

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All three resource directories and an interactive map of all Bay Area Emergency Departments are additionally available on the Merritt Mental Health website [here](#).

Your feedback is welcome. Let me know if we have overlooked important suicide-related resources in the Bay Area. Our aim is to be as comprehensive as possible.

Regarding suicide risk, please remember this central principle: Talk About It. Talk about it with patients, family members, colleagues, teachers, and anyone else. Keep the dialogue alive. Keep learning about suicide risk and keep talking about it. By doing so, you are an active force pushing through the barriers of shame and stigma that have, throughout history, made suicide a silent tragedy for individuals of all ages.

Thanks for your support and help in getting the word out.

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Current Project: [Suicide Risk in the San Francisco Bay Area](#)

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Did someone forward you this PDF?: If so, you can sign up for future resource emails and news at [Suicide Risk Project Sign-Up](#). To access the Merritt Mental Health research page, click [Research Page](#).

Hospital-Based IOPs & PHPs

San Francisco

UCSF Parnassus Hospital/Langley Porter (415) 476-9000

401 Parnassus Avenue, San Francisco, CA 94143
www.ucsfhealth.org
PHP (415) 476-7832

East Bay

Alameda Health System Highland Hospital (510) 437-4800

1411 East 31st Street, Oakland, CA 94602
www.highlandahs.org
PHP (510) 535 7476
IOP (510) 535 7476

Fremont Hospital (510) 796-1100

39001 Sundale Drive, Fremont, CA 94538
www.fremonthospital.com
PHP (510) 574-4851
IOP (510) 574-4851

John Muir Medical Center Concord (925) 682-8200

2740 Grant Street, Concord, CA 94520
www.johnmuirhealth.com
PHP (925) 674-4140
IOP (925) 674-4140

Kaiser Permanente Antioch (925) 813-6500

3454 Hill Crest Avenue, Antioch, CA 94531
www.kp.org
IOP (925) 777-6300

East Bay Continued

Kaiser Permanente Oakland (510) 752-1000

3900 Broadway Boulevard, Oakland, CA 94611
www.kp.org
IOP (510) 752-7394

Kaiser Permanente Fremont (510) 248-3000

39400 Paseo Padre Parkway, Fremont, CA 94538
www.kp.org
IOP (510) 248 3060

Kaiser Permanente Union City (510) 675-4010

3555 Whipple Road, Union City, CA 94587
www.kp.org
IOP (510) 675-3080

Kaiser Permanente Richmond (510) 307-1500

901 Nevin Avenue, Richmond, CA 94801
www.kp.org
IOP (510) 307-1591

Kaiser Permanente Walnut Creek (925) 295-4070

710 South Main Street, Walnut Creek, CA 94596
www.kp.org
IOP (925) 295-4145

Sutter Alta Bates Summit Medical Center Herrick Campus (925) 295-4070

2001 Dwight Way, Berkeley, CA 94704
www.altabatessummit.org
PHP (510) 204-4569
IOP (510) 204-4569

North Bay

Aurora Hospital

(707) 800-7700

1287 Fulton Road, Santa Rosa, CA 94501

www.aurorasantarosa.com

PHP (707) 800-7700

IOP (707) 800-7700

Kaiser Permanente San Rafael

(415) 444-2000

111 Smith Ranch Road, San Rafael, CA 94903

www.kp.org

IOP (415) 491 3000

Kaiser Permanente Vacaville

(707) 624-4000

1 Quality Drive, Vacaville, CA 95688

www.kp.org

IOP (707) 624-2830

Kaiser Permanente Vallejo

(707) 651-1000

975 Sereno Drive, Vallejo, CA 94590

www.kp.org

IOP (707) 651-1025

Marin General Hospital

(415) 925-7000

250 Bon Air Road, Greenbrae, CA 94904

www.maringeneral.org

PHP (415) 925-7663

IOP (415) 925-7663

Saint Helena Hospital

(707) 963-3611

525 Oregon Street. Saint Helena, CA 94574

www.adventistihealth.org

PHP (707) 649-4925

IOP (707) 649-4925

Peninsula

Mills Health Center

(707) 800-7700

100 South San Mateo drive. San Mateo, CA 94401

www.mills-peninsula.org

PHP (650) 696-4690

IOP (650) 696-4690

South Bay

El Camino Hospital Mountain View

(650) 940-7000

2500 Grant Road. Mountain View, CA 94040

www.elcaminohospital.org

PHP (650) 940-7254

IOP (650) 940-7254

Good Samaritan Hospital

(408) 559-2011

2425 Samaritan Drive, San Jose, CA 95124

www.goodsamsanjose.com

IOP (408) 559-2000

Kaiser Permanente Santa Clara

(408) 851-1000

19000 East Homestead Road, Cupertino, CA 95014

www.kp.org

IOP (408) 366-4400