

Eli Merritt, M.D.
Brief Bio

Merritt Mental Health
3786 20th Street
San Francisco, CA 94110
415-285-3774

Dr. Merritt is a psychiatrist who lectures and consults widely in the Bay Area on suicide risk in clinical settings and schools.

He completed undergraduate studies at Yale, a Masters in Ethics at Yale, and a residency in psychiatry at Stanford. He has served on the Clinical Faculty and the Ethics Committee at Stanford and for almost a decade as president of the San Francisco Psychiatric Society.

In 2014 he launched Merritt Mental Health, a consulting and care navigation practice that helps patients and family members across the spectrum of mental health care needs, including treatment planning; care navigation; individualized referrals to doctors, therapists, and residential and outpatient programs; and family counseling.

In 2015 he published a book entitled *Suicide Risk in the Bay Area: A Guide for Families, Physicians, Therapists, and Other Professionals*.

Renee Binder, president of the American Psychiatric Society, recommends the book in this way. She says that “it deserves to be on the desk of every mental health professional in the Bay Area.”

Dr. Merritt’s greatest passion of all in mental health is the family--helping the family not only with care navigation and referrals but also with the twin pillars of healthy communication and healthy decision-making.