



MERRITT MENTAL HEALTH

Pathways to Wellness

Eli Merritt, M.D.

EDUCATION

- Yale University, B.A., History, 1989
- Yale University, M.A., Ethics, 1992
- Case Western Reserve University, M.D., 1998
- Lahey Clinic Medical Center, Internship in Internal Medicine, 1998-99
- Stanford University, Department of Psychiatry and Behavioral Sciences, Residency in Psychiatry, 1999-2002

BOOKS

- *Suicide Risk in the Bay Area: A Guide for Families, Physicians, Therapists, and Other Professionals*, Health Compass Books, 2015.
- *Addiction Care Navigation in the Bay Area: A Guide to Programs and Professionals*, Health Compass Books, 2017.

HONORS

- Magna Cum Laude, Yale College, 1989
- Distinctions in Major, Yale College, 1989
- Gulevich Award in Psychotherapy and Humanistic Psychiatry, Stanford, 2002
- Humanism in Medicine Award, Case Western, 1998
- Saunders Award in Family Systems, Case Western, 1998
- Fellowship in Violence Prevention, Case Western, 1996-97
- Valedictorian, High School, 1985
- History fellowships (see “Grants, Fellowships, and Publications in History”)

EMPLOYMENT AND POSITIONS

- Clinical Faculty, Stanford Department of Psychiatry and Behavioral Sciences, 2004-2009
- President, San Francisco Psychiatric Society, 2005-2013
- Council Member, North California Psychiatric Society (NCPS), 2005-2012
- Founder, Merritt Mental Health, 2014-present
- Individual Practice of Psychiatry, San Francisco, CA, 2002-Present
- Group Practice of Psychiatry, Palo Alto, CA, 2002-2007
- Member, Committee of Professional Education, NCPS, 2003-04 and 2013
- Founder and Chair, Friends of Dolores Park Playground, San Francisco, CA, 2006-09
- Diplomate, American Board of Psychiatry and Neurology, 2004
- Member, Committee on Medical Ethics, Stanford Hospital, 2001-02



MERRITT MENTAL HEALTH

Pathways to Wellness

- Chair, Committee on Medical Education, CWRU Medical School, 1994–95

SELECTED OTHER PUBLICATIONS

- “Youth Suicide Risk: Let’s Talk About It,” San Francisco Medicine, Journal of the San Francisco Medical Society, 2016
- “Double-Edged Drug: What Physicians Need to Know About Buprenorphine,” Northern California Psychiatric Physician, 2014
- “Addiction—The Elephant in the Office,” Northern California Psychiatric Physician, 2014
- “Treating Insomnia and Depression,” New York Times, letter, 2013
- “Addiction: The Elephant in the Office,” Northern California Psychiatric Physician, 2013
- “DSM-V is Fast Approaching,” Northern California Psychiatric Physician, 2012
- “Evolving Concepts in Suicide Prevention,” Northern California Psychiatric Physician, 2011
- “Debt Talk Treatment,” San Francisco Chronicle, Op-Ed, 2011
- “Don’t Skirt Informed Consent,” Clinical Psychiatry News, Guest Editorial, 2003
- “Do All These Tests Help Students,” New York Times, letter, 2002
- “Marijuana as a Scourge and a Salve,” New York Times, letter, 2001
- “Follow the French,” International Herald Tribune, letter, 1999
- “Mental Illness is Private,” New York Times, letter, 1999
- “Choices are Vital to Protecting Uninsured Mentally Ill.” USA Today, Op-Ed, 1999
- “Human Health and Environmental Change: Are Physicians Lagging Behind?” JAMA, 1999
- “Global Environmental Medicine: An Emerging Discipline in the Environmental Sciences,” JAMA, 1999
- “Law Isn’t Clear on Assisted Suicide,” New York Times, letter, 1999
- “Family and the Medical Profession: Conflicting Claims,” JAMA, 1993
- “Fighting the Prejudice: Society’s Rejection of AIDS Patients,” Op-Ed, The Tennessean, 1992
- “What AIDS Patients Won’t Tell Their Doctors,” JAMA, 1992
- “The Indian Medical Dilemma: Overpopulation and Underfunding,” JAMA, 1991
- Numerous publications in the Yale Daily News, The Daily News Magazine, and the Yale Record, 1985-89.

SELECTED OTHER PRESS



MERRITT MENTAL HEALTH

Pathways to Wellness

- Book Review: “Bay Area Psychiatrist Pens Comprehensive Guide to Suicide Risk. New Book Comes With A Call to Action: “Talk About It,”” Elena Kadwany, Palo Alto Weekly, 2015
- Radio Interview: “Pieces of Peace with Author Dr. Eli Merritt,” West Marin Community Radio, 2016
- Author Profile: “San Francisco Medical Society Member of Month & Forthcoming Book,” 2015

RESEARCH AND TEACHING

- Presentation, “The Suicide Complex: Impact on Clinical Care,” UCSF Case Conference, January 5, 2016
- Presentation, “Three Keys to Success in College: Health, Health, Health,” UC Berkeley Open Forum Public Lectures, December 4, 2015
- Presentation, “Combining Medications and Psychotherapy in the Treatment of Major Depressive Disorder,” Science Café, Oakland, CA, 2009.
- Instructor, “Ethics and Boundary Violations,” Stanford Department of Psychiatry, 2003
- Instructor, “Resident Group on Interpersonal Psychotherapy,” Stanford Department of Psychiatry, 2002
- Instructor, “The Psychiatric Interview,” Stanford Medical School, 2002
- Presentation, “The Placebo Effect,” Stanford Department of Psychiatry, 2002
- Presentation, “Decision-Making in Anoxic Encephalopathy,” Lahey Clinic, 1999
- Research, Division of Alcoholism, National Institutes of Health, January 1998
- Research, Center for Health and the Global Environment, Harvard Medical School, October 1997
- Instructor, “Domestic Violence: The Fifteen Minute Clinical Encounter,” CWRU, 1996
- Instructor, “Teens and Guns: The Fifteen Minute Clinical Encounter,” CWRU, 1996
- Presentation, “Youth Violence Prevention: Clinical Interventions,” CWRU, 1996
- Presentation, “Hyperthyroidism,” CWRU, 1996
- Research, “Eukaryotic Transcription – The Role of Zinc Fingers,” Department of Molecular Biology, CWRU School of Medicine, 1993

OTHER LECTURES, TEACHING & RADIO IN MENTAL HEALTH

- More than 15 lectures in 2016 and 2017: www.merrittmentalhealth.com/news

GRANTS, FELLOWSHIPS, & PUBLICATIONS IN AMERICAN HISTORY

- “Sectional Conflict and Secret Compromise: The Mississippi River Question and the United States Constitution,” American Journal of Legal History, 1991



MERRITT MENTAL HEALTH

Pathways to Wellness

- “Thomas Jefferson in a Different Light,” Letter to the Editor, New York Times, 2012
- “The Mississippi Navigation Crisis,” Encyclopedia of North Carolina, University of North Carolina Press, 2006
- Virginia Historical Society’s Mellon Research Fellowship, 1995
- North Caroliniana Society’s Archie K. Davis Fellowship, 1993
- Program for Cultural Cooperation Between Spain and the United States, 1992

LANGUAGES

- Conversational Spanish & French